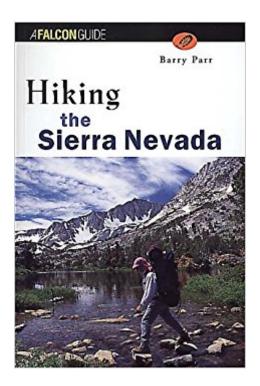


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# Hiking The Sierra Nevada (Regional Hiking Series)





# **Synopsis**

This four-season guide samples 96 of the best hikes.

### Book Information

Series: Regional Hiking Series

Paperback: 304 pages

Publisher: Falcon; 1st edition (June 1, 1999)

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### **Customer Reviews**

Stretching from the Feather River to the Kern Plateau, the Gold County foothills east to high desert, the Sierra Nevada is the longest, highest, most diverse mountain range in the continental United States. This four-season guide samples 96 of the best hikes from every quarter of the range, geared to differing levels of skill and experience.

Barry Parr grew up hiking the Sierra Nevada, and though heâ ™s traveled widely and lived many years both in Europe and Asia, he still loves these mountains more than any other place. A student of literature, history, and geology, he adds rich description and fascinating anecdote to his hikes. Unlike most Sierra Nevada guidebooks, Parrâ ™s does not confine itself to a single park or geographical region, but samples hikes from every region, wandering from foothill to desert, deep canyon to alpine mountaintop, Gold Country to Basin and Range, compiling a list of fantastic hikes that illustrate the gigantic entirety of the Sierra Nevada in an epic panoply of scenic beauty, historical lore, and natural complexity. An lifelong backpacker and long-time adult leader in the BSA, Parr enjoys a variety of hikes, from strenuous, multi-day journeys to shorter jaunts accessible to all. With a â œday jobâ • teaching English and journalism at Livermore High School, California, Parr continues his career in publishing in his spare time, including the summer break. He works as a

writer, editor, and publisher. Aside from many magazine articles, he has written other guidebooks (and sections of guidebooks) to California, including Exploring Big Sur (FalconGuides). He publishes charts for California biological zones (e.g., Northern California Tidepools), and is working on a historical guide to Guangdong Province, China. --This text refers to an alternate Paperback edition.

It covers all the major trails, and gives helpful hints... a good general area book...

Great information in this book...a must have

In addition to everything you'd expect from a Falcon Guide--accurate trailhead information, good maps, elevation-gain graphs, topo references, etc.--the descriptions of the hikes are engagingly written, with humor and insight. Covering the entire Sierra is a pretty daunting task, but the author has obviously been hiking in the range for years and I thought the coverage was pretty comprehensive and balanced. In the two areas I'm familiar with, Mammoth and Yosemite, he chose some great hikes. The book is no substitute for local guides, but at least it should help readers choose a region to focus on. To me, this was much more helpful than its cluttered Lonely Planet rival. You feel like you're being conducted along the trails by a personable as well as knowledgeable guide. Since the other reviewers complained about it, I thought there were a sufficient number of few photos. However, a little black and white image is never going to do justice to a Sierra landscape.

Hiking the Sierra Nevada by Barry Parr is an excellent resource for well written descriptions of day hikes and overnighters. In addition, Mr. Parr shares nuggets of history about many of the areas described.

This hiking guide contains all the required elements for a useful hiking book: excellent driving directions to each trailhead, elevation gains, topographical maps and other random thoughts about each trek. There is an absence of photographs, which is the only reason I don't give this the ultimate "5 star" rating. There is an emphasis on hikes south of Lee Vining, so if you're looking especially at the Bridgeport or Virginia Lakes area, there are better guides out there. But if your speciality is Mammoth and Yosemite, lace up your boots!

This guide has great detail. I have not been steered incorrectly once. I have done 8 hikes so far

from this guide, most in Northern Gold Country. I would not hesitate to recommend this to anyone interested in hiking the Sierra Nevada's .

got the book for a hike from giant forest to mineral king. This book was able to help me chart half of it. The altitude maps are a wonderful addition, the maps are effective and helpful... If only someone would put a map of all the bear boxes in one place.

Love it! It will be my bible for exploring Sierra Nevada. It has a lot of great tips & landmarks to make sure you are traveling the right path

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